

PATIENT INSTRUCTIONS

To Schedule an appointment, Please Call: TOLL FREE PHONE: 1.877.TO VICTORY (1.877.868.4286)

Enter the Date and Time of your appointment below:

DATE: _____ / _____ / _____ TIME: _____

MAMMOGRAM / BREAST ULTRASOUND INSTRUCTIONS:

Please plan to arrive at the center at least 15 minutes before your scheduled appointment time. Since you will be gowning, we recommend that you wear a two piece outfit for your comfort. We will provide you with wipes for the removal of deodorant and powder at the time of your gowning.

MRI PROCEDURES:

Please plan to arrive at the center 30 minutes early for your appointment. We recommend that you eat a normal meal before your appointment, and wear a two piece outfit without metal for your comfort.

BREAST BIOPSY PROCEDURES:

Please plan to arrive at the center 30 minutes early for your appointment. We recommend that you eat a normal meal before your appointment. Please **REFRAIN** from taking any blood thinning medications such as Aspirin, Advil, Aleve or large quantities of Vitamin E, at least 5 days **BEFORE** your appointment.

If you are on a prescription blood thinner, such as Coumadin, please obtain your physician's consent before stopping. You may take all other prescription medication.

BONE DENSITY SCAN

Please DO NOT take any Vitamins, Calcium Supplements, Tums or Rolaids on the morning of your exam. If you need an antacid prior to the exam, a liquid such as Mylanta or Pepto Bismol is fine. You may take all other prescription medications. Wear comfortable clothes without metal.

ULTRASOUND INSTRUCTIONS:

Abdominal or Gallbladder Sonogram: On the evening before your examination, eat a Small, FAT FREE meal.

Eat nothing after Midnight. Small occasional sips of water are permitted up to one hour before the exam.

Pelvic: There are no eating restrictions, however, you are required to drink **32 Ounces of Water** in order to distend your bladder. You should finish drinking the water One Hour Prior to the appointment time, and then,

DO NOT VOID until your exam is completed.

THYROID SONOGRAM: No preparation is necessary.

If you have any questions, Please Call our office:

Susan C. Gaskill, M.D., P.A.

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